



Visualizing

Creating pictures in your mind while you read.

Visualization is like having an on-going movie in our minds.

Creating pictures in our minds while we read keeps us interested in the book and helps us to organize, understand and make connections to what we are reading.

We can create images while we read using all of our senses.

When we visualize we connect our own personal ideas about the story with what the author wants us to know and understand.

Visualization helps us to recall details after we have read.

It can help us to focus, remember and apply what we are reading about to other situations.

Visualization enhances understanding.

Visualizing happens before we read, while we read and after we read. Our images change as we read on and learn new information.